

Things to See

Pyramidal Orchid

This attractive orchid grows in profusion on the chalky hillside and can be seen in flower in June & July. The root of this orchid used to be dried and ground to produce a cooking & medicine ingredient called salep. But please DO NOT pick or dig up these flowers.



Butterflies

Many types can be seen among the wild flowers including this Red Admiral. Others include the Marbled White and the Common Blue.



Blackthorn Also known as Sloe and one of the commonest shrubs on chalky soils. It has masses of creamy white flowers in early Spring and bitter black fruits in Autumn. They can be used in jam or to flavour gin.



Old Man's Beard

Also known as Traveller's Joy. This is a species of Clematis which has white green flowers in summer and then large fluffy seed heads in autumn & winter. It climbs over all the trees & shrubs.



The Dog Rose Single white or pink flowers in summer and then bright red hips in autumn & winter.



River Bourne Community Farm

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www.riverbournecommunityfarm.org.uk
Contact us to become a friend or volunteer
and for more information

Meadow & Down Trails Project

The **TRAILS PROJECT** is a community initiative delivered by River Bourne Community Farm Community Interest Company with funding from the Heritage Lottery Fund and is supported by Wiltshire Council, the Salisbury International Arts Festival & the Laverstock & Ford Parish Council. The project is setting up four easy-to-access Trails across Laverstock Parish to enjoy Meadow & Down wildlife and the traditional farming practices that sustain it. The Trails will feature new wildlife habitats, benches, way-markers and interpretation through community artwork.

They will be developed and maintained by volunteers and community groups local to each Trail. Benches will be installed around the trails with carvings depicting nature. You can also look out for bee hotels, bat boxes and insect dwellings. Wild flowers & native trees will be planted to enhance these areas for all to enjoy.

For further information please visit the trails section of our website.

Parking Limited parking is available in the Pavilion Car Park or outside the shop. Please avoid parking in residential roads.

Dogs Dogs are permitted but must be kept under close control or on a lead. Pick up and remove poo and place in any of the bins that you see.



River Bourne
Community Farm
Meadows & Down Trails

Hampton Park Trail



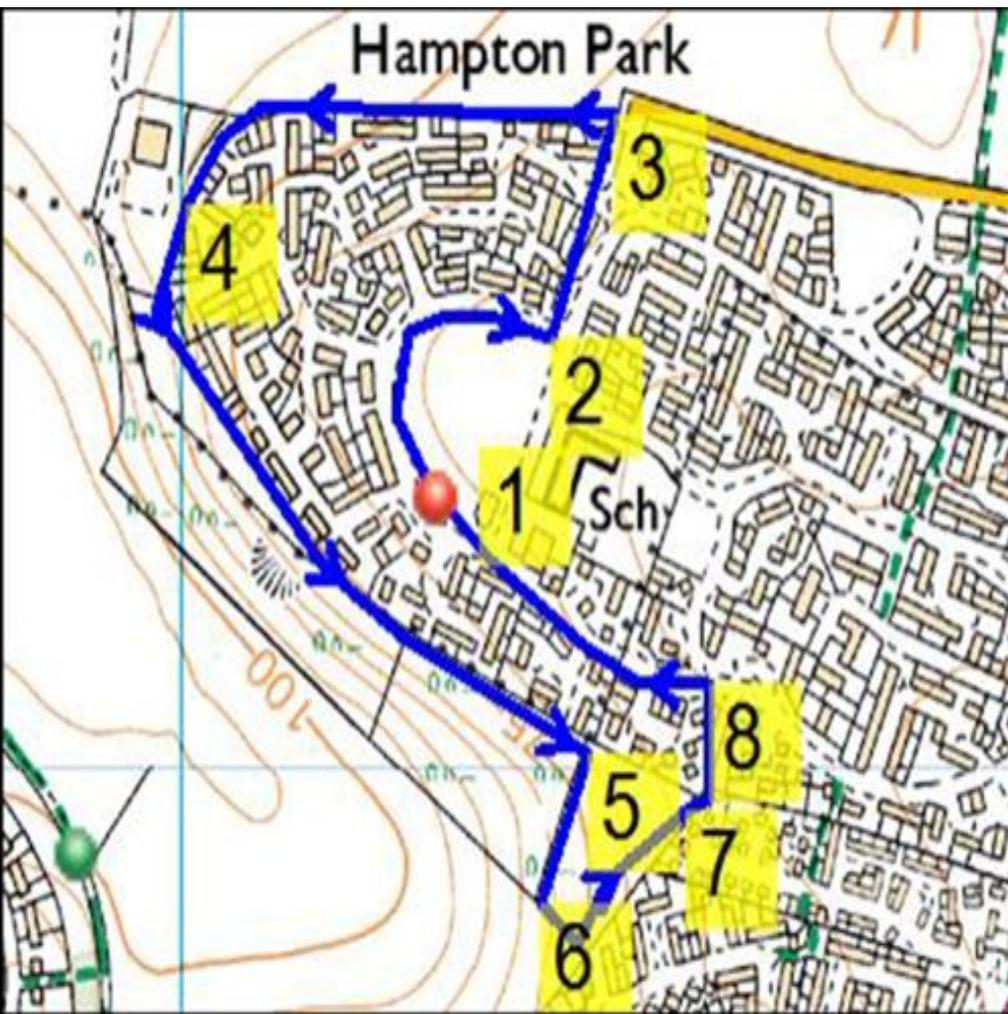
This circular trail wends its way through the Hampton Park estate and then explores the countryside on its margins. Wild flowers and butterflies abound and there are magnificent views across the valley of the River Bourne to Laverstock and Cockey Downs.

The Walk The trail is 1.3 miles (2.1km) long and will take about 35 minutes to walk. The first part is on tarmac roads and footpaths but the paths in the countryside are uneven and can be slippery in wet weather. Part of the western end of the trail is also steep. The trail is unsuitable for wheelchairs, pushchairs or those with walking difficulties. Cycling is not permitted in the countryside section.

Things to See Highlights are listed inside. More facts can be found in the Trail Information Leaflet, available at the Community Farm or download it from www.riverbournecommunityfarm.org.uk. Or scan this barcode and others that may be found on waymarkers around the trail.



Hampton Park



Hampton Park Trail

1. Start the trail at the Pavilion where limited parking is available. With your back to the pavilion turn left and walk around the curve of the green. The trees here are London Plane with smooth peeling bark. At the corner turn left into Sycamore Drive.
2. Walk down the footpath on the left and when you come to the roundabout cross the road carefully and continue to the end of Sycamore Drive.



3. At the 'pull in' turn left through the kissing gate and onto the footpath. Follow this path around behind the houses. Here you can see St John's wort, dog rose with rosehips, dogwood and even the occasional crab apple tree. Look out for wood pigeons.



4. Continue around the path until you come to open fields on the right hand side. Look out for old man's beard, a wild clematis, also known as traveller's joy. You can also see privet with its small shiny black berries in last summer and autumn. This is a poisonous plant to humans and horses. Along here can also be found blackthorn or sloe, field maple, holly and you might catch a glimpse of a blackcap.



5. At the end of the footpath turn right into the field with the big hill and climb up to see the wonderful views of Laverstock and Cockey Down on the other side of the River Bourne valley. Looking further left you can see the ancient hillfort at Figsbury Ring and the military airfield at Boscombe Down.

6. Once rested follow the path down from the hill keeping right all the way around the edge of the field until you come to the opposite corner to where you entered.

7. Cut through the footpath onto St Clements Way between St Ursulas and St Teresas Closes. You may see slime mould on the sycamore tree. This is yellow and made of numerous cells which form a larger membrane. When a slime mould 'mound' is physically separated the cells find their way back to re-unite!



8. Turn left and follow the footpath on the right-hand side, past the shops on the right, and make your way back to the Pavilion car park.

We hope you enjoyed your walk. We have a short survey for you to complete on our website which will help us to improve this trail and give you an opportunity to have your say. Please visit our website www.riverbournecommunityfarm.org.uk.